

# THE ADLERIAN AND JUNGIAN SCHOOLS

## A. Individual Psychology

Heinz L. Ansbacher

The most important question of the healthy and the diseased mental life is not whence? hut, whither? . . . In this whither? the cause is contained.

Alfred Adler

このカンマは何？

The Adlerian school of psychiatry, represents a unique theory of personality, psychopathology, and psychotherapy and corresponding practices, which Adler named Individual Psychology.

which の先行詞は？

1. It is consistently **humanistic**, rejecting analogies from physics, chemistry, or animals (except anthropomorphized animals from fables), while stressing man's striving to overcome difficulties as an aspect of the general **evolutionary** principle.

進化と訳していいのか

2. It is consistently holistic, regarding man as an individual in the sense of being indivisible and unique as well as **inextricably** embedded in larger systems of his fellow men.

こういう単語は語源を見ないと

3. It focuses on what is specific to man, his **cognitive** ability for **abstract behavior**, for creating fictions and for anticipating future events.

こういうのは実例を

Aはapperceptive と言っている。  
違いは？